Rizal Re-creation Center

UEST

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Every Nation Campus Ortigas





¹⁰ Finally, be strong in the Lord and in the strength of his might. ¹¹ Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹² For we do not wrestle against flesh and blood, but against the

rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13 Therefore take up

the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on <u>the belt of</u>

truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given

to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which 1 am an ambassador in chains, that 1 may declare it boldly, as 1 ought to speak.

BELT OF



Wearing the belt of truth helps believers to stand firm against the devil's lies and to be truthful.

17 Sanctify them in the truth: your word is truth. John 17:17

REFLECT:

A belt is usually a piece of leather tied around the waist to tighten the grip or as a fashion accessory. But in the earlier times, belt is used as a placeholder for their weapons like swords. It also protects their thigh and groin area which

are the most vulnerable parts of a soldier. As we wear the belt, we are fastening the truth of God around our waist to withstand the enemy's lies.

What we believe in and how we respond should be according to the truth. The world will throw us many conflicting views and challenge our ideologies, but we stand in God's truth. The enemy's scheme is deception, but Jesus is the way, the truth, and the life "Never give up on the sheer truth of the gospel. It's like the belt which holds everything else together and in place."

-N.T. Wright

(John l4:6). As we embody the truth of the gospel, may we also live a life of truthfulness.

Pray:

Lord Jesus, You are the truth and the life.

Help me to see beyond illusion and fear, and to discern what is right and just. When the truth is hard, give me strength to face it. When the truth is hidden, give me patience to find it.

Guard me from deceit and let integrity be my guide. May I honor You by walking in honesty, even in difficult times.

Listen:



"This is Your Church" By: Victory Worship

Amen.