# **Rizal Re-creation Center**

UEST

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Every Nation Campus Ortigas





<sup>10</sup> Finally, be strong in the Lord and in the strength of his might. <sup>11</sup> Put on the whole armor of God, that you may be able to stand against the schemes of the devil. <sup>12</sup> For we do not wrestle against flesh and blood, but against the

rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13 Therefore take up

the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on <u>the belt of</u>

truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given

to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which 1 am an ambassador in chains, that 1 may declare it boldly, as 1 ought to speak. The breastplate of righteousness reminds Christians of their new identity in Christ, created according to His image. BREASTPLATE OF

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Cast your burden on the Lord, and he will sustain you: he will never permit the righteous to be moved.

#### **REFLECT**:

#### Psalms 55:22

In the armor of a Roman soldier, the breastplate served as protection for some of the most important parts of the body. Underneath the breastplate is the heart, lungs and other organs necessary for life. Having no breastplate can mean being vulnerable to attacks that may cause instant death. Likewise, if we do not live a life of righteousness, we are prone to sin and will be in danger.

## "The fundamental justice, and goodness of God, and the status that Christians have of already being 'in the right' before him, is like a breastplate protecting us against frontal attack".

#### - Tom Wright

The bible reminds us that the righteous shall live by faith. Understanding that we are made righteous in God through the finished work at the cross helps us to live a life holy and pleasing to Him. As we become aware of the decisions we make, we can determine whether or not they are based in God's Word. Ultimately, this will allow us to withstand attacks from the enemy and live in ways that glorify Christ.

## Pray:

### Heavenly Father,

You are holy and just, full of mercy and truth. I come before you longing to be righteous not because of my own doing, but only through the finished work of Christ. Search me, O God, and know my heart and lead me in the rightful way. May righteousness not just be something I seek, but something I live out.

In Jesus' captivating name, Amen.

#### Listen:



"Have All of Me" By: Awake84