Rizal Re-creation Center

UEST

June 12-14, 2025

Every Nation Campus Ortigas





¹⁰ Finally, be strong in the Lord and in the strength of his might. ¹¹ Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ¹² For we do not wrestle against flesh and blood, but against the

rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13 Therefore take up

the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on <u>the belt of</u>

truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given

to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which 1 am an ambassador in chains, that 1 may declare it boldly, as 1 ought to speak.



8 For by grace you have been saved through faith. And this is not your own doing: it is the gift of God,

Ephesians 2:8

The helmet of salvation reminds believers of their salvation through Christ, providing protection for their minds and thoughts.

REFLECT:

In a battle, the helmet – hot and uncomfortable – would only be put on when the soldier faced impending danger. With his head protected, the soldier feels safe in the midst of a fierce battle. Just like in life, battlefields often take place in the mind. After all, salvation is not something we wear but something God freely gave us.

"To wear the helmet of salvation means to live every day focused on eternity and the promised future we have. It changes the way we live."

- Billy Graham

When we put on the helmet of salvation, we put on Christ himself. When we put on the helmet of salvation, we can avoid sinful thoughts and understand what is good and true.

When we forget to do this, we are susceptible to thoughts that are planted in us by the enemy, who seeks to harm our walk with Christ.

Pray:

Father, today we put on the helmet of salvation. Thank you for sending Your Son, Jesus to die for our sins. Purge any thoughts of doubt, discouragement, fear, or anger. Renew our minds, Lord. Equip us, Lord for the battlefield today. Help us to keep our eyes focused on You - even in the midst of everything that's going on. Keep our eyes focused on the things of eternity.

Amen.

Listen: "Blessing and Honor" By: Victory Worship

